



## ● A Unique Department That Hosts You

The Behavioral Health Facility at Bellevue Medical Center is very proud to introduce its new specialized psychiatric care service within a purposely designed, peaceful and home-like atmosphere.

The green and serene environment surrounding it and inducing a faster healing process, makes it unique in Lebanon and the region.

This facility combines outstanding medical expertise with compassionate patient care, to provide comprehensive inpatient, outpatient and emergency treatment for all psychiatry disorders.

The psychiatric team includes highly specialized healthcare professionals from all disciplines including psychiatry, psychology, cognitive-behavioral therapy, behavioral medicine, dynamic therapies, and others.



## ● The Programs We Offer You

The ward offers several lines of psychiatric services, namely inpatient for long term or short term stays, full or half-day treatment for partial hospitalization, and outpatient consultation services.

These programs concern adolescents and adults suffering from a variety of emotional, cognitive and behavioral disorders, including:

- Mood and anxiety disorders
- Substance addictions
- Eating disorders
- Psychotic disorders
- Personality disorders
- And other specific conditions

In our effort to offer high standards of clinical care within a supportive, therapeutic environment; all patients will be provided with individualized treatment plans based on multidisciplinary assessments.

Treatment duration will depend on both the clinical indications and the progress of each patient.

## ● Special Services For You

This facility is unique in Lebanon and the region. It consists of an outpatient and an inpatient area.

In addition, the behavioral health department at BMC is the only facility in the region offering a myriad of services for the patients such as a music room, social board room, arts and crafts room, a quiet lounge, a multi-purpose relaxation room, a therapy room, and a kitchenette. Hence, the patient will not stay in his or her room during the whole treatment period like in other facilities. In addition, a detailed full program has been prepared for every disorder.

Our specialized patient-centered service offers unique daily support groups, psycho-educational workshops, nutritional counseling and various therapeutic activities following complementary psychoanalytical, cognitive and behavioral approaches.

